# I Don't Know

# **Trevor Daniel**

#### [Chorus]

Lately, I've been in my mind
And I can't seem to find a way out this time
So I've been acting like I'm fine
Heart beating out my chest, can't get it to slow down

#### [Post-Chorus]

Lately, I've been feeling stressed
I can't even breathe, I think I'm depressed
I can't even sleep, I just need some rest
But this anxiety's leaving me nothing left, oh

#### [Verse 1]

Lately, I'm feeling alone, lately, I'm losing control
I might just drive off the road, feel like my heart too cold
Feel like I'm losing control, feel like I'm far too gone
Feel like I'm far too gone

#### [Chorus]

Lately, I've been in mind
And I can't seem to find a way out this time
So I've been acting like I'm fine
Heart beating out my chest, can't get it to slow down
Lately, I've been in mind
And I can't seem to find a way out this time
So I've been acting like I'm fine
Heart beating out my chest, can't get it to slow down

## [Post-Chorus]

Lately, I been feeling stressed
I can't even breathe, I think I'm depressed
I can't even sleep, I just need some rest
But this anxiety's leaving me nothing left, oh

#### [Verse 2]

Lately, I feel cold, barely alive I feel like I've gone and died inside Everything feels like a waste of time Tear me down then tell me I'm alright

### [Chorus]

Lately, I've been in mind
And I can't seem to find a way out this time
So I've been acting like I'm fine
Heart beating out my chest, can't get it to slow down
Lately, I've been in mind
And I can't seem to find a way out this time
So I've been acting like I'm fine
Heart beating out my chest, can't get it to slow down

[Post-Chorus]
Lately, I been feeling stressed
I can't even breathe, I think I'm depressed
I can't even sleep, I just need some rest
But this anxiety's leaving me nothing left, oh

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