

# 3am

## Meghan Trainor

I can't believe I'm still doing this  
I told myself a month ago that I'd be through with this  
I'm looking at my phone, and wondering if you're home  
I'm kinda tipsy, I ain't tryin' a sleep alone  
Somebody told me that some other girl was hugging you  
Baby, you know I'm the one that should be loving you  
You know we had a thing, baby it's such a shame  
I still get crazy every time I hear your name I know it's complicated  
But you know I'm impatient 3 AM: Yup, I'm texting you once again  
Even though I'm hanging with my friends  
I can't help it, I can't help myself, no  
3 AM, I might be looking for a late night friend  
And, baby, I can't get you out my head  
I can't help it, I can't help myself, no  
Kinda stressing like I'm gonna have a heart attack  
It's been an hour and you haven't even hit me back  
Baby, keep it real, tell me what's the deal  
'Cause I miss you, you don't know how this feels I know it's complicated  
This always happens when I'm wasted 3 AM: Yup, I'm texting you once again  
Even though I'm hanging with my friends  
I can't help it, I can't help myself, no  
3 AM, I might be looking for a late night friend  
And, baby, I can't get you out my head  
I can't help it, I can't help myself, no I know, I know, I know  
It's so wrong  
Somebody take away my phone  
'Cause I've been drinking all night long  
All night long  
All night long  
I know, I know, I know  
It's so wrong  
Somebody take away my phone  
'Cause I've been drinking all night long  
All night long  
All night long  
3 AM: Yup, I'm texting you once again  
Even though I'm hanging with my friends  
I can't help it, I can't help myself, no  
3 AM, I might be looking for a late night friend  
And, baby, I can't get you out my head  
I can't help it, I can't help myself, no

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

Lyrics provided by <https://www.songlyrics.band/>